

First Annual U.S Open Inline Chicago 2009 May 1-3, 2009

Inline Free, Dance, Freestyle/Slalom, Precision, Show and Basic Skating Competition and Seminar

"A Celebration of Inline Skating"

!!International Skaters Welcome!!

usopeninline.com

For Info Contact:

usopeninline2009@gmail.com

USA Skate Center
1303 Naperville Drive
Romeoville, IL
60446
(630) 759-1711

<http://www.usask8.com>



Sponsored by
[U.S. Inline Figure Skating/
USFIES](#) in cooperation with
[USA Roller Sports](#)
And
[USA Skate Center](#)

An Internationally
Sanctioned Event
USARS Sanction #09-233

Tentative Schedule

Wed, Thurs, April 29, 30: Rink Rental for groups—contact rink

Friday—May 1,

9 a.m.—noon: Official Practice and Seminar \$5.00 fee

1 p.m.—4 p.m.: Competition Overflow (if needed), other-
wise Official Practice and Seminar \$5.00 fee

Saturday—May 2,

9 a.m.—1 p.m.: Competition

1 p.m.—5 p.m. Seminar

5 p.m.— Social Event—Watch website

Sunday—

9 a.m.- 1 p.m. Competition Overflow(if needed)

9 a.m.—noon: Seminar

1 p.m.—5 p.m. Seminar and Discussion, Planning for Fu-
ture activities in Inline Figure Skating

Seminar: May 1—3, 2009

Inline Figure Skating Training Topics by Nick Perna - figure skating coach to national-level ice skaters— co-developer of the PIC Skate and other skating related inventions.

Off Skate Training Techniques by Garrett Krug - physical trainer to national ice figure skating competitors and medalists. <http://www.csadvantage.org/>

Using the Latest Computer and Video Tools in sports analysis with focus on software such as Dartfish and Sportsvision. by Joe Kaplenk, www.flyingcamelproductions.com

Other topics to be included – if you are interested in speaking send an email to jkaplenk@aol.com.

\$25.00 fee for non-competitors and coaches. Free to competitors

Free Skate Technical Requirements

Description	Time	Suggested Elements (These are not required, but recommended as minimum)	Restricted Elements
Beginner	1:00	Two foot or one foot jumps in place with no rotation. Two foot rotations of two revolutions or less are okay. Forward and backward skating	No jumps No Spins
Basic	1:20	Two half rotation jumps. Two foot spins, Forward and Backward Spirals and Lunges. Footwork sequence, Three turns, Mohawks.	No single or higher level jumps. No one foot spin
Pre-Bronze	1:40	Two different full or half jumps. One foot upright spin, Two foot upright spin, Footwork sequence of Forward and Backward Spirals along with Three turns and Mohawks	No change foot, jump, camel or sit spins
Bronze	1:50	Only single jumps or less. Jumps may be in combinations or sequences. Change foot spin. (Min of three rotations on each foot. At least one footwork/step sequence across half the surface.	No axels, double or triple jumps. Maximum of three different spins No flying or jump spins
Silver	2:10	Single Axel, Jump combination and sequences, footwork/step across half the surface	No double jumps or higher
Gold	2:40	Single Axel, double jumps alone and in combinations and sequences, Footwork sequence across the full surface	Any spins or jump spins
Elementary		See website for requirements and restrictions. Uses USARS rules	
World Class		See Website for requirements and restrictions. Uses USARS rules	

Dance Requirements (see <http://www.uq.net.au/~zzbarneg/dancepatterns.htm> for pattern descriptions)

Level	Dance	Music	Tempo	Comment
Beginner	Glide Waltz	Waltz	108	
	Progressive Tango	Tango	96	
Basic	Canasta Tango	Tango	96	
	Rhythm Blues	Blues	88	Kilian Couples Position
Pre-Bronze	Fiesta Tango	Tango	100	
	Swing Dance	Foxtrot	96	
Bronze	Milonga Tango	Tango	100	
	Willow Waltz	Waltz	138	
Silver	Fourteen Step	March	104	USARS/FIRS Domestic Jr. Dance Version
	American Waltz	Waltz	168	USARS/FIRS Rollers CIPA Jr. WC –SwR on long axis is optional, SwR on short axis req.
Gold	Blues (Dench)	Blues	88	USARS/FIRS Jr. Dance Version also USFS
	Rocker Foxtrot	Foxtrot	104	
World Class	Westminster Waltz	Waltz	138	FIRS/CIPA WC
	Quickstep	Two-step Schotische 2/4	112	

Other Events

Free Skate, Dance, Pairs, Precision, Show, Artistic, Interpretive, Basic Skills Elements, Freestyle/Slalom, Racing

See the Entry Form attached for a list of events, See the website usopenonline.com for complete details

Other Details

Competition Entry Deadline is April 1. After that day there is a \$25.00 late fee for Free Skate, Pairs, Dance, Family, Show and Precision due to the need to plan for accredited officials. Other events will have no late charge and can be registered for onsite.

There is an additional \$5.00 per day entry fee for non-competitors charged by the rink to cover the rink rental. This is included in the competition fee. We are not being charged by the rink in place of this. It helps to keep our fees down.

Skaters that are not members of USARS must purchase a Single Day Amateur Card by selecting that on the order form. An official entry form will be mailed or available on site prior to competing. The fee is \$15.00 for the first day. Second day is covered.

Dance Patterns will be USARS/FIRS patterns in cases where there are differences unless otherwise noted. See <http://www.uq.net.au/~zzbarneg/dancepatterns.htm>

More Details

For more info contact committee members:
 Joe Kaplenk, Chair, jkaplenk@aol.com, 708-707-0992
 Mary Lu Wehmeier, Asst. Meet Director,
noicerequired@gmail.com, 909-860-2494
 Or Rhonda Arena, bondmovies@yahoo.com

Volunteers and speakers wanted.

To be added to the event mailing list and for further information send an email to: usopenonline2009@gmail.com
 Vendors are welcome and encouraged

Official Hotel

La Quinta Inn is the official Hotel.
 The La Quinta website is: lq.com and select Bolingbrook, IL.
 Mention **USA Skate Center** for the following rates good until March 1: single/double at \$69.00. Regular rates are \$79.00/day and up.
 After this you can mention the code: USAROL and USA Skate Center for other possible rates. The address is 225 W. South Frontage Rd, Bolingbrook, IL (630) 226-0000.
 See the website usopenonline.com for more hotels

**U.S. Open Inline Chicago 2009 Competition. May 1 - 3, 2007
Competitor and Seminar Short Form**

Updated 2/22/2009 7:52 PM. This form is available at:
usinlinefigureskating.org/usopeninline/shortentryform.pdf

USFIFS Use Only

Postmark Date: _____
Check Number: _____
Amount Rec'd: _____
Envelope Rec'd: Y or N

All Skaters must complete all pages of this form whether they are entering as part of a club or as an individual. Seminar attendees should complete as much relevant information as possible. If you would like your schedule mailed include a self-address stamped. Non-USARS skaters must fill out a Daily Amateur Card Application Form. All forms, applications and rules are at usopeninline.com. Questions? Call 708-707-0992

Competitor name	Age as of May 1, 2009	Sex M/F	Birth Date
Address	City, State or Province	Zip or Postal Code	Country
Email Address	Home Phone	Other Phone	
Home Skating Club (If applicable)	USARS/FIRS Amateur Card # (If applicable) otherwise fill out Amateur Card App		
Name of Primary Coach	Coaches Phone Number		
Coaches Address	City, State or Province	Zip or Postal Code	Country
Coaches Email Address	Name of Skating Partner (If applicable) Partner also fills out a separate entry form		
Tests Passed or skill levels (if any)			
RSA			
U.S. Figure Skating			
ISI/ IIFSA/IISA			
Other			

Circle the events or the levels within an event to be entered. The number of items circled is the number of events used to calculate the fee.

Skill Levels may be combined if there is insufficient registration in a level – see rules)

*Teams must also fill out the relevant forms downloaded from either the full entry form or from a separate link if available at usopeninline.com

Free Skate	Beginner / Basic / Pre-Bronze / Bronze / Silver / Gold / Elementary / World Class
Solo Dance	Beginner / Basic / Pre-Bronze / Bronze / Silver / Gold / World Class
Couples Dance	Beginner / Basic / Pre-Bronze / Bronze / Silver / Gold / World Class
Pairs	Beginner / Basic / Pre-Bronze / Bronze / Silver / Gold / World Class
Basic Skill Elements	Beginner / Basic / Pre-Bronze / Bronze / Silver / Gold / World Class
Interpretive	Beginner / Basic / Pre-Bronze / Bronze / Silver / Gold / World Class

(Form continues on the back)

